



Paddock Paper

Northern New Mexico Horsemen's Association

November 2019



Christmas Party

Friday, Dec. 6 6:30pm

Legal Tender Saloon

151 Old Lamy Trail, Lamy, NM 87540

NO MEETING IN NOVEMBER, but come the first Friday in December to our annual Christmas Party, held this year at the re-opened, historic Legal Tender Saloon in Lamy. Food and drink available and enjoy the ambiance and company of fellow members. If you wish to participate, bring a wrapped item (no more than \$20) for a gift exchange. This gathering will take the place of our December meeting. Please RSVP to nnmha@live.com.

Minutes from the October 30 Members Meeting

Pecos Trail Cafe

President David Marks opened the evening meeting for the assembled group with a call for balloting; ballots were passed out to members present. A statement from candidate John Pearson for the At-large position was read out by member Shelley Bachicha (John is returning from travel and couldn't be present himself). David further announced that our Christmas party will be a happy hour event Friday, December 6th with the venue to be announced.

Treasurer Helen Newton presented a report on the year's finances. Due to declining revenue from stall rentals and increasing costs for maintenance, the club did not break even this year and was required to dip into reserves for the \$3800 difference. At this rate, our reserves would be gone in a very few years so this is not a sustainable position. David reiterated that sale of the property and protection of the resulting assets is on the board's agenda for further investigation.

After counting ballots from those present and combining with those sent in by members, David announced that 2020 board will be David Marks, President; Howard Gershon, VP; Helen Newton, Treasurer; Joyce Davis, Secretary; and John Pearson, Board member At-large.



Evening program: Seasonal Considerations for Your Equine

Because of an emergency call that limited his time with us, Dr. Doug Thal presented a round-table style Q&A of about an hour on topics asked by the audience. He stated that September and October tend to yield more cases of colic than other months, although colic does happen from so many causes that it may occur at any time of the year. He repeated several times that the overwhelming trigger for colic is *sudden change*, whether it be feed, weather, exercise or other factors.

Is it better to offer tepid water in cold weather? Most horses seem to drink more readily if water is ice-free, but this may vary individually and it doesn't seem imperative to always provide warm water. Average horses should be drinking 10-15 gals per day but again—there is a great deal of variation depending on the weather, amount of exercise and the individual horse. Stalled horses may exhibit neurotic behaviors like over-consumption of salt blocks or water. Giving electrolytes may be helpful in cases where horses might not be drinking enough.

Should horses be blanketed? Dr. Thal's opinion is that as long as the equine is healthy, unclipped and has shelter available (from wind more than precipitation), no blanket should be needed in our climate. That varies a great deal from horse to horse (thin-coated Thoroughbreds, for instance), and any horse that is shivering should be blanketed. But don't dress your horse simply because the owner is cold.

Will psyllium prevent sand colic? Colic from sand accumulation is common in our area and although surges of psyllium may help (1 week per month), feeding good hay on a sand-free surface is even better. Silty dirt does not accumulate in a horse's gut as sand does. *What about raised feeders?* Better to feed at ground level which helps the horse's airways clear particulates from the hay.

How often should worming be done? This is a controversial question and one Dr. Thal has re-examined in light of a recent case. A performance horse which had been on a 5-wk worming rotation was referred with a severe infestation of large roundworms. The worms in question had developed such resistance that they caused the death of the horse. After more research, Dr. Thal is now recommending that in addition to good stable management (particularly prompt manure removal), horses be wormed only once or twice a year with at least one fecal egg count performed (preferably in summer) to try to identify individual horses that may need more intervention. Rather than frequent treatment of all animals, this protocol minimizes the possibility of resistance arising in the inevitable parasites which remain.

Meeting concluded 8:15 p.m. Thank you to Dr. Thal and his family, and to all who attended. No general meeting in November, but the Christmas party will be Dec. 6th.

Grounds Update

As expected because of the season, the bathrooms at the Grounds have been winterized and will be unavailable until warm weather returns next spring. But thanks to member Shelley Bachicha, the footing in the arena is quite good and any member in good standing may access it for personal use. Contact any board member for the current gate code.



Classifieds

Do you have something equine-related to sell? Short classified ads may be placed by any member in good standing. Please send an email to Karen Denison, redmule@kdtt.net

TERRY BERG, TRAINER

Lessons, training and show coaching. Specialty: Ranch Riding, Reining and Ranch Trail.
sfcolores@sprynet.com 505-473-4147

LYNN CLIFFORD

The Ride of Your Life Horsemanship Instruction & The Inner Equestrian Life Coaching/Counseling
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www.lynnclifford.com
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THE TRINITY RANCH- Santa Fe's Premier Horse Facility: Boarding, Training, Lessons. Indoor arena, 150 x 300 jump course, 20 x 60m dressage court. Absolutely beautiful facility, exceptional staff, positive atmosphere.

<https://www.santafehorse.com/>

NORTHSIDE BOARDING AVAILABLE:

Ride out on miles of trails, 5 minutes from NM599/La Tierra Rd., reasonable rates and relaxed atmosphere. Prices from \$300-375 for pens 12' x 60' and larger. Arena, round pen, 3 tack rooms, wash rack and trailer parking. Horses fed grass mix or alfalfa twice daily. Owners provide extras, we feed. Owner lives on premises. Contact Carolyn, Centaurus Ranch, 474-0821.

THE GIFT SHOP

... featuring items for discriminating animal lovers and their friends
Sales benefit animal rescue organizations
505.231.4240 Jean VanCamp

2019 Officers and Board

President	David Marks	david.marks.sf@gmail.com	505-466-0306
VP	Howard Gershon	howard@reach-newheights.com	505-690-8433
Treasurer	Helen Newton	sfcolores@sprynet.com	505-470-1396
Secretary	Joyce Davis	carlotta_burra101@icloud.com	505-490-5390
At-large	John Pearson	johnz.pearson@comcast.net	650-863-2491

Adjunct/Committees

Grounds manager	Open
Ridge Riders	Open
Programs/speakers	Joyce Davis carlotta_burra101@icloud.com 505-490-5390
Newsletter/Membership	Karen Denison redmule@kdtt.net 505-469-2698
Facebook page manager	Open
Website manager	Betsy Walker betwalk@cybermesa.com 505-466-1643
Website	http://www.NNMHA.net

Remember, you may contact any Board member with questions or comments about activities. Board meetings are held on the second Wednesday of each month, usually at the NNMHA office. Members are welcome to attend; please contact a Board member to confirm the time and place.

