



Paddock Paper

Northern New Mexico Horsemen's Association Newsletter

September 2021

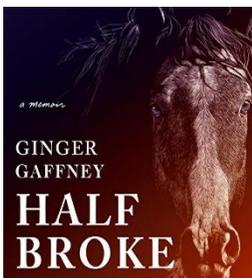
Sept. Meeting, Wednesday, Sept. 29, to Feature Author/Trainer Ginger Gaffney

At our program meeting this month, NNMHA will host author and horse trainer Ginger Gaffney. She is a top-ranked professional trainer and received an MFA in Creative Writing from the Institute of American Indian Arts in Santa Fe. As a horse trainer, she has worked with horses and their people for over 25 years.



Her book, "Half Broke: A Memoir," is a memoir of her year-long odyssey to train a herd of neglected horses at an alternative prison ranch, the Delancy Street Ranch in Velarde. With time, the horses and residents formed a profound bond and learned from each other.

Her presentation will include readings of key passages from her book, comments on each passage and a Q&A to follow. Feel free to bring your questions! This promises to be a thought-provoking program. Her book is available at [amazon.com](https://www.amazon.com) and Collected Works Bookstore.



We will meet at the Pecos Trail Café. The program will begin at 7 pm. Please RSVP at contact@nnmha.org so we may advise the restaurant.

Save the Date for APNM Presentation

At our Wednesday, Oct. 27, program meeting, learn how Animal Protection New Mexico (APNM) is helping equines and their families deal with the impacts of drought, the pandemic and related economic issues throughout our state.

Our speaker, Victoria Murphy, Equine Protection Fund Program Manager with APNM, will talk about how her organization's safety net services are helping keep horses, mules and donkeys healthy and with their families through these tough times. See details for this meeting in next month's NNMHA newsletter.



Board Member Elections – Comin' Up

Among other topics, this month's Board meeting discussion turned to upcoming elections. That means, it's time to put your hat in the ring, because NNMHA needs to elect Board members next month.

As an organization, we've begun to put our charity non-profit status to benefit members and the greater equine community in northern NM. We held a successful "Coming Out" Party for members and others, started up regular monthly meetings and hosted a terrific Obstacle Course Clinic, all in the last several months.

Lend a Hand and Help with Events, Plans

The Board has its eye on getting back to hosting Rough Rider trail rides, planning more programs and clinics and continuing to use our resources to support opportunities that serve both members and our equine community. But, all this takes people power. Please consider running for a Board position.



Members (for the past 12 months) and in good standing may run for the Board. This year's election includes three of the seven Board positions. The other four Board members are not up for election. Reminder: with our new by-laws, we elect members to the Board, and they determine who serves in specific positions. Beginning with this election, all newly elected members will serve for two years.

You will see the list of candidates in the next edition of this newsletter. A nominating committee headed by Karen Denison and including Board member Joyce Davis and Sandra Smith will present a slate of candidates to the current Board at the Board

meeting on September 14. It is planned that candidate information will be in next month's newsletter, and voting will be by ballot email, like last year.

Please contact any Board member soon with questions about these positions. We hope you will get involved. We promise that you will meet great people, have fun and further our shared mission. Together, we can make a difference!

Recent Board Change

Former Board member John Pearson agreed to serve on the Board as an Interim Director, filling the remaining term held by Kristina Flanagan. Kristina recently submitted her resignation, as she had applied for a very time-intensive educational program prior to her election, not knowing whether she would be selected or expecting the time commitment to be so involved.

Fall Clinic Plans, Spring Rides, Grant Program

The Board hopes to host a fall clinic in October or November, possibly to focus on rider confidence. While the Board also hoped to schedule Ridge Riders rides as early as this fall, it decided that finalizing insurance coverage (for events such as rides) will push rides into spring.

Board members are also developing a grant program, including an application process and form, that other organizations may use to request support from NNMHA. Other organizations, including 501(c)3 nonprofit charities, private businesses and publicly held companies typically have such policies in place. With such, we can ensure our resources are in sync with our mission and vision and have a transparent and equitable program that is easy for others to access.

The next Board meeting is September 14, 6 pm, via zoom. If you would like to attend, please contact any Board member.

Cerrillos Fiesta Donkey Races Cancelled

Unfortunately, this event, scheduled for Saturday, Sept. 25, has been cancelled, due to Covid-19 concerns, particularly as they relate to children who may have attended.

Obstacle Clinic was a Hit

On August 7, NNMHA sponsored its first mounted event since the sale of the Rodeo Road property. It was a success in every sense! Nine members participated, including three new ones. Eight auditors viewed all the efforts by the riders to complete the course flawlessly. Clinician Nina Courtney donated her awesome talent, energy, patience and facility to help everyone achieve their best.

The Arena Course consisted of 10 obstacles of moderate difficulty. (The water obstacle proved the most challenging, of course.)

By the end of the morning, all had made at least one successful crossing, with several assisted by Kathy Olshefsky and mule, Jolene, who acted as both a buddy and a barricade.

Since this was an “intro” clinic, every effort was made to simulate what one would expect at an actual horse show.



course preview and winner ribbons all contributed to giving the feel of the real thing.

Paperwork, rider numbers, course diagram and directions,



Nina emphasized the technique required for each obstacle: cadence of gait, willingness, focus, rein management and timing (different for big/small animals). Excellent trailer parking areas, helpful hands, multiple tries at obstacles and helpful tips contributed to a positive outcome for all.

All of these elements make a difference in performance and scoring. We lost count of how many hooves Nina placed in the water box. Obviously enough, as they all eventually crossed.

The clinic ended with practice at the Ranch Trail Course where most animals were easily successful since the obstacles were more familiar and natural. It was a fine way to end a fine morning.

Many thanks to Nina who donated her time, expert help and lovely facility. We are so grateful!



Also, thanks to Board member Joyce Davis for organizing the event and Karen Denison for taking photos. You will find many more photos on our website, www.nnmha.org.



Do You Know



Question: To cool a hot horse, do you scrape or not scrape off the water?

Response: The debate over scraping water off a hot horse is common in the horse industry. However, recent research may have helped settle this debate!

According to a recent article in the University of Minnesota Extension newsletter, the quickest way to cool a hot horse is to

continuously run cool water over the horse with a hose. If an unlimited water supply is available, there is no reason to stop and scrape off the water, which takes time away from applying the water and cooling the horse.

Recent research conducted in Australia found that applying cold water without scraping cooled horses faster compared to scraping. However, if you are trying to cool a hot horse with a limited supply of water (when camping, on a trail ride or simply to conserve water), apply the water, scrape it off and then apply more water. In the absence of continuous water, scraping can help encourage evaporative cooling.

Other tips to help cool a hot horse include offering cool drinking water; focusing water application to the head, back, neck, rump, and legs; applying ice to high blood flow areas, including the head, neck, back, and ribs (avoid applying ice to the large gluteal muscles).

Using fans, housing horses in shady areas and removing all tack (except a halter or bridle), leg wraps, blankets, and/or fly sheets are also helpful tips.

NMLB Moves to New Location

The New Mexico Livestock Board has moved to 2105 Osuna Rd, NE, South Building, Albuquerque. Office hours are M-F 8-4:30 and phone is 505 841-6161.

Classifieds

Do you have something equine-related to sell or services to provide? Short classified ads may be placed by any member in good standing. Please send an email with exact wording for your ad to: Sandra, smithcom@goldengate.net, or Karen, redmule@kdt.net.

STUART H. GARBER, DC, PhD, AVCA

Animal chiropractor with 39 years of experience. Certified in animal chiropractic by the American Veterinary Chiropractic Association. Equines and canines, but also happy to treat any critter with a spine. By appointment: 505 913-7493.

TERRY BERG

Trainer offers lessons, training, show coaching. Specialty: ranch riding, reining and ranch trail. Contact: sfclores@sprynet.com, 505 473-4147.

LYNN CLIFFORD

The Ride of Your Life Horsemanship instruction and The Inner Equestrian Life coaching/counseling, Santa Fe. By arrangement: www.lynnclifford.com, 505 231-5353.

THE TRINITY RANCH

Santa Fe's premier horse facility. Boarding, training, lessons, indoor arena, 150x300 jump course, 20x60 dressage court. Absolutely beautiful facility, exceptional staff, positive atmosphere. More info: www.santafehorse.com.

NORTHSIDE BOARDING

Ride out on miles of trails, five minutes from NM599/La Tierra Rd. Reasonable rates, relaxed atmosphere. Prices from \$300-\$375 for pens 12x60 and larger. Arena, round pen, three tack rooms, wash rack, trailer parking. Horses fed grass mix or alfalfa twice daily. Boarders provide extras, we feed. Owner lives on premises. Contact: Carolyn, Centaurus Ranch, 505 474-0821.

BOARD YOUR HORSE

At the "Happy Horse" place, RANCHO MARIPOSA. Horses fed quality hay three times a day, grain twice a day. Turned out regularly in large pasture and ring, blanketing. Every stall and shed has a paddock and shavings. Indoor arena, sand riding area, dressage ring, round pen, trails available. Caretakers live on site. Lessons and training available. Manager has 40 years professional horse experience and cares for your horse the same way she does her own. Please come and visit us! We're located on "Ranch Road" off of 285, just SE of Eldorado. Call Barbara at 505 466-1005.

Board and Committees

Officers of the Board

President	Howard Gershon	howard@reach-newheights.com	505 690-8433
VP	Open		
Treasurer	Helen Newton	sfcolores@sprynet.com	505 470-1396
Secretary	Joyce Davis	bjmrkitty@gmail.com	505 490-5390
At-large	Gary Clendenen	gclendenen@yahoo.com	518 225-9935
	David Marks	david.marks.sf@gmail.com	505 466-0306
	Piar Marks	prsantafe@gmail.com	505 466-3306
Interim	John Pearson	johnz.pearson@comcast.net	650 863-2491

Committees

Partnerships	Howard Gershon	howard@reach-newheights.com	505 690-8433
Scholarships	Gary Clendenen	gclendenen@yahoo.com	518 225-9935
Ridge Riders	Open		
Programs/speakers	Joyce Davis	bjmrkitty@gmail.com	505 490-5390
Events	Open		
Facebook Manager	Open		
Website Manager	Betsy Walker	betwalk@cybermesa.com	505 466-1643
Communications/ newsletter/member- ship	Karen Denison	redmule@kdt.net	505 469-2698
	Sandra Smith	smithcom@goldengate.net	505 983-0144

Website <http://www.NNMHA.org>
NNMHA Email contact@nnmha.org

NNMHA encourages and educates our members and the broader northern New Mexico community with regard to equine wellness and equestrian activities

You are welcome to contact Board members with questions or comments about plans or activities. Board meetings are held each month, and members are invited to participate in Board meetings. Meetings may be online or in person. Please contact any Board member for more information.



You can never be overdressed...
Oscar Wilde