



Paddock Paper

Northern New Mexico Horsemen's Association Newsletter

September 2022

Next Ridge Riders Group Ride is Saturday, September 3

Join us for the September 3 ride at Copper Canyon in the Abiquiu area. It promises to offer great scenery and good company.

From Santa Fe, drive north on US285/84 through Espanola, staying on US84 toward Abiquiu/Chama. At 1.4 miles past Bode's Store, **TURN RIGHT (NOT LEFT, as noted in an earlier email) TO THE ELEMENTARY SCHOOL**. Parking and step off area are located behind the school. Ed will be there at 9:30, so look for him and his trailer. Allow at least one hour from north SF.

The two-hour ride is 10 am to noon, and it's an easy level ride. This is a great way to see the historic Abiquiu area and Georgia O'Keeffe country for yourself on horseback.

The view on our ride in August on Aspen Vista Trail certainly lived up to its reputation. (See photo.) Each ride this year has been amidst terrific scenery on fun trails. Hats off to Trail Boss Ed Srsic!



To sign up for the ride, see the Ridge Riders page on our website, nnmha.org. (Also take a look at “Rules for Ridge Rider Outings.”) If you have specific questions, contact Ed, esrsic@gmail.com or 415 305-3238. Rides are limited to members, but nonmembers can go to our website, nnmha.org, to join or do so at the ride itself.

Happy trails!

Reminder! September 24 Meeting Features Equine Demo with Dr. Stuart Garber



Everything is connected, right? Especially when it comes to equine health and performance. Our speaker in September is a knowledgeable expert on how different parts of our equines work together – or don’t – so come learn how equine chiropractic procedures relate to and can help with various horse issues.

Dr. Garber’s presentation, “Equine Chiropractic Demo and Beyond,” will include a demonstration of various methods and techniques on his four horses.

For this meeting, Dr. Garber is hosting us on Saturday, September 24, 2 – 4 pm, at his location, 28 Likely Road, Arroyo Hondo. Please be on site by 1:45 pm, so the program can start on time. Light snacks and sodas will be provided.

Save the Date – October 26 Meeting, Off-Track Thoroughbred Rescue

Our speaker for the October program meeting is Erin Swinney, a well-respected area horse trainer started Pas de Cheval Horse Rescue, an off-track Thoroughbred rescue and rehabilitation center, several years ago. She has since placed more than 40 horses. Erin is also a professional ballerina, so her transition to this current pursuit is unique and interesting.

We are meeting at the Pecos Trail Café, 7 pm, 2239 Old Pecos Trail, Santa Fe, Wednesday, October 26, 7 pm. Feel free to join others for dinner at 6 pm.

Join Group and Ride in **Parades!**

Thanks to David Lyles for getting this group organized. He and his wife, Janet, recently rode in the Madrid Fourth of July parade and loved it. In last month's newsletter, he invited others to contact him. Good work, members! Several people responded and are planning to ride as a team in the Fiesta Parade in Santa Fe on Sunday, September 11.

The group looks forward to practicing some desensitization training and minor horsemanship skills together. David is working hard to make arrangements with Fiesta Parade organizers. Members of the group are also deciding on fun stuff, like what to wear (without breaking the bank)!

Contact David by phone/text, (214) 587-4776 or email, lylesphoto@gmail.com, if you are interested in learning more about this group or would like to ride. They also welcome anyone who would like to join them just to see what riding in a parade is like. More than likely, there will be a need for banner or flag bearers.

Thanks, team, for organizing a parade group!

Endurance/Riding Clinic is Sept. 17-18

A two-day "Endurance/Trail Riding Clinic" is planned for September 17-18, Saturday and Sunday, at the Caja Headquarters Well, Santa Fe. The clinic is sanctioned by the American Endurance Ride Conference (AERC) and designed for anyone interested in trail riding.

The clinic several topics, including endurance riding, basic horsemanship, managing horse health, metabolic issues and safe trail behavior, and more. The clinician is Dr. Bob Rogers, Houston, TX, a veterinarian, rider and AERC member.

The first day will be lectures and discussions, while the second day will offer a mock endurance ride in which participants can bring their equines and experience typical trail markings, veterinary check points, and the like. Handouts and lunch for participants will be provided on Saturday. Participants who wish to do so can camp overnight.

The clinic is free of charge and partially supported by grants. NNMHA is providing a Giving Program grant to cover handouts and the lunch on Saturday for participants. For more information, contact Deirdre Monroe, 505 670-4925, Deirdre@swcp.com.

Three-day Clinic with Four Trainers/ Clinicians on Sept. 30 – Oct. 2

A three-day clinic, “Refuge: A Horsemanship Workshop,” September 30 - October 2, Friday – Sunday, will feature work with four trainers at Nizhoni Ranch, Cerrillos. The clinic is designed to address multiple needs and interests of riders in small group settings. The workshop is limited to 16 participants, so riders can receive more personal attention from several trainers throughout the day.

Each participant will work with each trainer in either a morning or an afternoon session. Auditors attend at no charge, may observe any group and will be included in some form of participation.

The four trainers are Ginger Gaffney and Leela Brightenburg, Legacy Horse Training; Lynn Clifford (NNMHA member), Equestrian Education; and, Erin Swinney, Pas de Cheval Horse Rescue. Working together to develop this new clinic model, they will cover a variety of topics, such as release and movement bodywork, tools for rider greater confidence, managing your horse’s asymmetric movement patterns and understanding the role of the nervous system in horses.

NNMHA’s Giving Program grant will cover \$75 of the fee for each participant, reducing the fee to \$500 (from \$575) for all three days. The registration deadline is September 15. Members have first options to sign up for this clinic until September 9. During the workshop, our part in funding will be acknowledged to attendees.

For more information, contact Ginger, 505 690-1230, ggaffney@newmexico.com; Leela, 541 944-5216, lbrightenburg@gmail.com; Lynn, 505 231-5353, lynn@lynnclifford.com; or, Erin, 505 316-0311, erinswinney@gmail.com.

The Horse Shelter’s Fall Open House & Cerrillos Donkey Races are Oct. 8

There’s a lot going on in Cerrillos on Saturday, Oct. 8! The Shelter’s Open House is that day, as well as the Fiesta de Cerrillos Donkey Races. Make it a day and enjoy both events.

Save the Date, Cattle Clinic – Oct. 30

Trainer/clinician Loan Tucker (NNMHA member) is hosting a cattle clinic on Sunday, October 30. Details to come!

Board Approved Two Giving Program Requests for Clinics; Reviewed Election

The Board reviewed and approved two Giving Program applications to help financially support both an Endurance/Riding Clinic and a Refuge Workshop. Both clinics are described elsewhere in this newsletter.

Board member John Pearson recently attended a class at Santa Fe Community College regarding the role and responsibilities of Boards in general. He shared his notes and highlights with other members. Plans include sharing these materials with new Board members after the Board election this fall.

Board Member Nominations are Underway

Speaking of the election, the annual Board member election was discussed and several current members indicated their interest in running for re-election, including Howard Gershon, Gary Clendenen and John Pearson. Ed Srsic, our trail boss who attends Board meetings, had agreed to run for election. Paula Zima and Evalyn Bemis are not up for re-election this year. Thanks to all! Helen Newton is not running for re-election. Thanks to Helen for her years of service. In sum, two Board positions will be open and on the ballot.



A nominating committee was formed to contact possible candidates, and all nominations must be secured by the end of September. Voting will be by ballots distributed via email the second week of October with voting completed by late October. Members attending the October monthly program (and annual election) meeting will have an opportunity to vote then, if they have not already done so.

Please consider lending your expertise to NNMHA by serving on the Board. If you have questions about what is involved or are interested in running for office, contact any Board member (phone numbers and emails are elsewhere in this newsletter). We are a revitalized organization doing exciting things, so consider becoming a Board member.

Ridge Riders continues to host scenic rides in and around the Santa Fe area. (See separate article.)

The next Board meeting is Tuesday, September 20, 7 pm, via zoom. Contact any Board member if you have comments or would like to join a Board meeting. We welcome member input!

Hey, New Members

Volunteer to serve on a NNMHA committee of your choosing! It's a great way to support your organization and get to know others with similar interests. We're a very supportive, friendly group.



Whether you are new (or not), more member participation is needed to maintain our increased number of activities. We always need help with clinics, monthly program meetings and special events such as the summer social and holiday get-together. Any Board member will be glad to hear from you, so give 'em a call. Thanks!

Update - BLM Recreational Target Shooting on Public SF County Land

As noted in an earlier edition of this newsletter, the Bureau of Land Management (BLM) continues to seek input to plans to take management action to resolve increasing conflicts associated with recreational target shooting on public land in various areas in Santa Fe County. The specific areas include San Pedro Mountains, Buckman-Alamo Creek and Camel Tracks. Numerous governmental agencies and a public focus group have provided input regarding safety, noise and other potential impacts for recreational target shooting in these areas.

The BLM is accepting public input until Oct. 24. If you are interested in viewing details and maps of this project, please see the NNMHA website, www.nnmha.org. You should contact Bradley K. Higdon, BLM Taos Field Office/project manager, to provide input or ask questions, bhigdon@blm.gov, (575) 751-4725.

Good News – NNMHA is in the News

We're getting known! NNMHA is now in the hunt when using certain keywords in social media. Thanks to Karen Denison's magic touch, a very open keyword search on Google, "santa fe new mexico horse," now yields our organization in the #13 position.

That's even against the stiff competition of city/county tourism boards, local liverys and others with strong economic incentives for placement. The keyword search, "santa fe new mexico horse club," puts us at #4 on Google.

Do You Know...

Why salt is so essential to the health of our equines? In fact, if there's one item they need, especially in the summer months, it's salt. Here's why: Salt provides electrolytes and minerals that play a critical role in electrochemical processes.



Without enough salt, a horse is unable balance blood sodium levels when retaining less water. This can lead to dehydration when electrolytes are lost through sweating. Worse, significant depletion can result in critical physiological processes and cellular functions, forcing an overall bodily shut-down.

It doesn't matter if the salt block is white or red (containing other minerals). Horses have a natural appetite for salt and will seek it out, yet generally not consume any more than they need. Of course, salt should be readily available at all times. A location that is under cover where a horse can easily get to it but where it is out of rain or snow is an ideal location. Using a salt block holder is handy and keeps our frisky critters from (usually) moving the block out of place.

Classifieds

Do you have something equine-related to sell or services to provide? Short, classified ads may be placed by any member in good standing. Please send an email with exact wording for your ad to: Sandra, smithcom@goldengate.net, or Karen, redmule@kdt.net.

STUART H. GARBER, DC, PhD, AVCA

Equine chiropractor. Equines and canines, but also happy to treat any critter with a spine. By appointment, call 505 913-7493.

TERRY BERG TRAINING

Trainer offers lessons, training, show coaching. Specialty: ranch riding, reining and ranch trail. Contact: sfcolores@sprynet.com, 505 473-4147.

LYNN CLIFFORD HORSEMANSHIP

The Ride of Your Life Horsemanship instruction and The Inner Equestrian Life coaching/counseling, Santa Fe. By arrangement: www.lynnclifford.com, 505 231-5353. Check this website for upcoming events and clinics hosted by Lynn and colleagues.

THE TRINITY RANCH BOARDING

Santa Fe's premier horse facility. Boarding, training, lessons, indoor arena, 150x300 jump course, 20x60 dressage court. Absolutely beautiful facility, exceptional staff, positive atmosphere. More info: www.santafehorse.com.

NORTHSIDE BOARDING

Ride out on miles of trails, five minutes from NM599/La Tierra Rd. Reasonable rates, relaxed atmosphere. Prices from \$300-\$375 for pens 12x60 and larger. Arena, round pen, three tack rooms, wash rack, trailer parking. Horses fed grass mix or alfalfa twice daily. Boarders provide extras, we feed. Owner lives on premises. Contact: Carolyn, Centaurus Ranch, 505 474-0821.

TRAINER TO WORK WITH NON-PROFIT

ISO-English or Western trainer willing to work in tandem with local, insured non-profit to bring together horses and humans, who might not otherwise have the opportunity for riding experiences. Seeking two, one-hour time slots per week, preferably on the weekend or between 3:30 - 4:30 pm weekdays. If interested, please e-mail Learning Through Horses at thunderhorse40@hotmail.com with questions or for more info.

LIKE NEW CHINKS FOR SALE

These are like new! Chocolate chinks with turquoise buck-stitching and copper conchos. Fits 37-42" waist, with some room for additional buckle holes. They are 32" long, including 7" fine fringe. \$85. Contact Carol Marthens, 214 662-9616 or luminaryllamas@msn.com.



NEED USED TWO-HORSE TRAILER

Looking for a used two-horse bumper pull stock trailer or light weight trailer. Call Susan Kaz, 505 685-4745.

SUBSTITUTE BARN MANAGER NEEDED

Substitute barn manager needed for small Santa Fe horse rescue. 5-10 days per month. Horse handling experience and basic horse training ability needed. May evolve into a full-time, live-in position. For more information, call 505 570-7377.

TRAINER, EDUCATOR, FARM-SITTER AVAILABLE

Horse trainer and educator, successfully starting and gentling young horses, as well as renegotiating behaviors in troubled horses for 15 years. Studied under Buck Brannaman and rode for Dressage Olympian Courtney King-Dye. She works with the horse as opposed to on the horse, and the results bring a lot of contentment and connection to both horse and human. She is also available to farm-sit. Contact Courtney Colella with questions or inquiries, 336 757-2791, courtneymcolella@gmail.com.

KUBOTA TRACTOR FOR SALE

2013 MX4700 DT Kubota Tractor. 4WD, 508 hours. Runs and looks like new. Loader, 6' bucket and hay spears. \$29,500. Contact Loal Tucker, 505 350-8333.



MISSOURI FOXTROTTER GELDING FOR SALE

Banjo is 22-year-old gelding Missouri Foxtrotter. \$2,100. Registered. Light on his feet, gentle, stands for farrier, loads, lots of trail riding experience, neck or direct rein. Smooth gait and really fun to ride. Happy to share vet records. Up to date on shots. Contact Loal Tucker, 505 350-8333.

TENNESSEE WALKER MARE FOR SALE

Shadow is 20-year-old Tennessee Walker mare. \$2,300. Not registered. Super gentle, anyone can ride her. Loads, stands for farrier, up to date on shots. Smooth gait, an ideal beginner's horse. Happy to share vet records. Contact Loal Tucker, 505 350-8333.

TACK FOR SALE

Halters, bridles, pads, saddles, grooming gear, helmet. If someone is thinking about getting into horse ownership, buying Banjo and Shadow and their gear would be a great horse starter package. Contact Loal Tucker, 505 350-8333.

NOTE: Banjo and Shadow may be purchased separately or together. If together, \$3,900.

TWO-HORSE TRAILER FOR SALE

Contact Loal Tucker, 505 350-8333.

CALM, QUIET AQHA MARE FOR SALE
 LTH Red Holli is a willing partner and has a naturally calm demeanor. \$6,000. Registered AQHA. Bay mare, 15 hands, September 6, 2018. Smooth at the walk, trot and lope. She is good outside the arena, uphill and downhill and quiet around cattle. 90 days under saddle with professional training. For details, go to www.loaltucker.com and see "Sale Horses" or call 505 350-8333.



Board and Committees

Officers of the Board

President	Howard Gershon	howard@reach-newheights.com	505 690-8433
VP	John Pearson	johnz.pearson@comcast.net	650 863-2491
Treasurer	Helen Newton	sfcolores@sprynet.com	505 470-1396
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	Gary Clendenen	gclendenen@yahoo.com	518 225-9935
	Carol Marthens	luminaryllamas@msn.com	214 662-9616
	Paula Zima	paula@paulazima.com	505 629-2838

Committees

Partnerships	Howard Gershon	howard@reach-newheights.com	505 690-8433
Giving Program*	Gary Clendenen	gclendenen@yahoo.com	518 225-9935
Ridge Riders	Ed Srsic	esrsic@gmail.com	415 305-3238
Programs	Joyce Davis	bjmrkitty@gmail.com	505 490-5390
Clinics	Carol Marthens	luminaryllamas@msn.com	214 662-9616
Website Manager	Betsy Walker	betwalk@cybermesa.com	505 466-1943
Communications/ membership	Karen Denison	redmule@kdt.net	505 469-2698
Newsletter	Sandra Smith	smithcom@goldengate.net	505 983-0144

*Scholarships, grants and sponsorships

Website <http://www.NNMHA.org>
NNMHA Email contact@nnmha.org

NNMHA encourages and educates our members and the broader northern New Mexico community with regard to equine wellness and equestrian activities

You are welcome to contact Board members with questions or comments about plans or activities. Board meetings are held each month, and members are invited to participate in Board meetings. Meetings may be online or in person. Please contact any Board member for more information.



Peace begins with a smile..."
Mother Theresa